

Students obtain extensive training including pre-trip inspections, backing maneuvers, and all types of road driving. Students will be prepared for both CDL knowledge (written and driving) tests leading to a Commercial Driver's License.

CLASSROOM ~ 160 HOURS

WEEK ONE ~ 40hr

BASIC OPERATION

Orientation, Control Systems/Dashboard, Pre-Trip & Post-Trip Inspections, Basic Control, Shifting/Operating Transmissions, Backing and Docking and Coupling & Uncoupling (Class A only)

SAFE OPERATING PRACTICES

Visual Search, Communication, Distracted Driving, Speed & Space Management, Night Operation and Extreme Driving Conditions.

WEEK TWO ~ 40hr

ADVANCED OPERATING PRACTICES

Hazard Perception, Skid Control/Recovery, Jackknifing, Other Emergencies and Railroad-Highway Grade Crossing.

VEHICLE SYSTEMS & REPORTING MALFUNCTIONS

Identification and Diagnosis of Malfunctions, Roadside Inspections and Maintenance

NON-DRIVING ACTIVITIES

Handling and Documenting Cargo, Environmental Compliance Issues, Hours-of-Service Requirements, Log Books, Fatigue and Wellness Awareness, Post-Crash Procedures, External Communication and Whistleblower/Coercion.

WEEK THREE ~ 40hr

NON-DRIVING ACTIVITIES CONTINUED

Drugs/Alcohol, Medical Requirements, Human Trafficking, CSA, Special Rigs, Crossing Border and Basic Business Practices

WEEK FOUR ~ 40hr

NON-DRIVING ACTIVITIES CONTINUED

CDL Prep and Driving Simulator

LAB – HANDS ON ~ 40 HOURS

WEEK FIVE ~ 40hr

LAB/RANGE/ROAD

Pre-Trip Inspections, Coupling/Uncoupling, Basic Principles and Basic Shifting Principles

ROAD – HANDS ON ~ 200 HOURS

WEEK SIX ~ 40hr

RANGE/ROAD

Driving

WEEK SEVEN ~ 40hr

RANGE/ROAD CONTINUED

Driving

WEEK EIGHT ~ 40hr

RANGE/ROAD CONTINUED

Advanced Techniques – Loaded Trailer

WEEK NINE

RANGE/ROAD ADVANCED TECHNIQUES

Loaded Trailer – Advanced Shifting

WEEK TEN ~ 40hr

RANGE/ROAD ADVANCED TECHNIQUES CONTINUED

CDL Test and Graduation