



Pajama Program

Good Nights Are Good Days

Every child has the right to a good night. Yet, thousands of children across the United States will go to sleep tonight and their bedtime will be missing something. They may be feeling alone and afraid, in a bed that isn't theirs, in a shelter that isn't a home or with families who wish they could give them more.

These children have one thing in common: Their 24-Hour Good Day Loop is incomplete.

At Pajama Program, we know that this doesn't have to be their story. We know that we can do something that not only validates their worth and shows them love, but that also transforms their nights and their days. By offering the magical gifts of pajamas and books, we bring a caring bedtime ritual into their lives. Changing out of their clothes and into warm, cozy pajamas lets them shed the stresses of their day, trading them for feelings of warmth and hope. With enchanting stories, their imaginations are opened, helping them to dream again. These unconditional gifts fill them with love and a feeling of being cared for, transitioning them to bedtime and delivering a good night — preparing them for a good day that leads to a better life.

An Incredible Way to Make a Difference

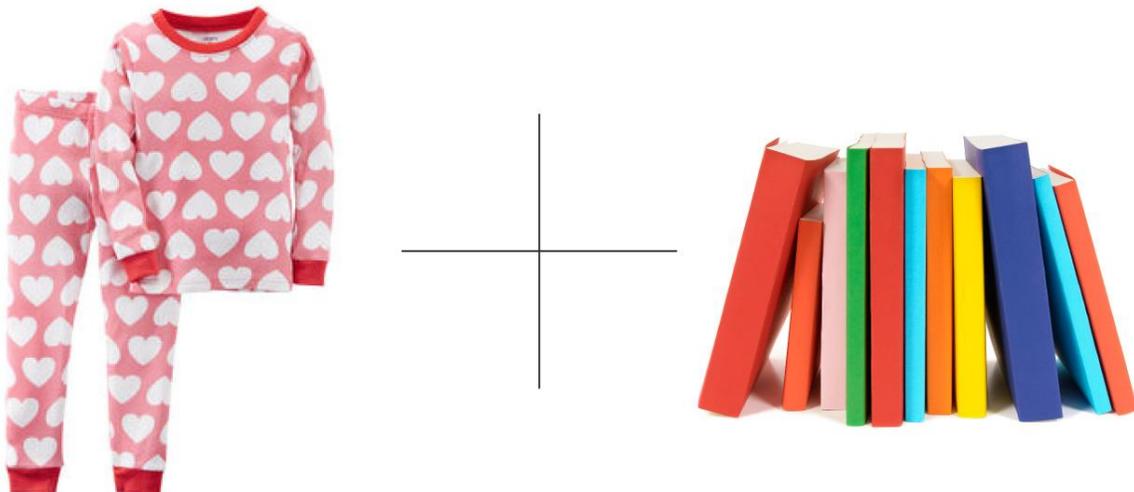
Pajama Program is an incredible outlet for people with time and passion to make a positive impact on the lives of the children we serve — those without any idea what a loving bedtime is like or what it can lead to. We're here to protect the right of every child to have a good night — and in doing so, to complete their Good Day Loop. By helping us with one of the many well-run efforts we have underway, volunteers support and validate these children in their greatest time of need.

The Magic of Pajamas & Books

New pajamas and books are magical gifts that we collect and give, with love, to vulnerable children. They inspire them, teaching them how to use imagination and creativity to change their lives in the moment, and every day. They are the building blocks of confidence, trust and love. And because we give them unconditionally, these gifts help create a trusting connection and long-lasting bond. It's easier than you might think to comfort and delight the children who need it most, giving simple but magical gifts that lift the spirit and can change the world.

Community Partners

Pajama Program works with more than 3,700 Community Partners nationwide to help distribute to children the gifts of pajamas and books we collect. These organizations include Title I schools, group homes, foster care and social service organizations, shelters, Head Start programs and other organizations that work with youth at-risk. Working with our Community Partners lets us further our mission and make a greater impact, reaching more children with your generous donations.





Good Night Bill of Rights

Our Good Night Bill of Rights is an easy way for us to remember what's important in our mission, and in a child's day. Its five simple principles help Pajama Program and communities everywhere deliver a loving bedtime and quality good night's sleep to children everywhere. It focuses our efforts, reminds us of what's important and puts love for the happiness and well-being of children at the forefront of everything we do.

1. Every child has the right to a sense of stability and security.

Nightly bedtime rituals like fresh pajamas and a storybook offer a consistent, reassuring "comfort zone" at the end of each day.

2. Every child has the right to feel loved and cared for at bedtime.

Unconditional gifts of fresh pajamas and a storybook are tangible proof that someone is thinking of them, creating a feeling of being loved and cared for.

3. Every child has the right to wear fresh, clean pajamas to bed and to enjoy a bedtime story that fires their imagination.

Changing out of the clothes of the day and into fresh pajamas starts the ritual of bedtime and helps children shed the day's stresses, too — trading them for feelings of comfort and potential. As they leave the day behind, an enchanting story calms and inspires them, helping them transition further to a place of rest. By opening up their creativity, our stories inspire them to dream of places and possibilities beyond their usual experience. They enjoy a temporary escape from their daily lives — and, we hope, gain the ability to see a different life altogether.

4. Every child has the right to feel valued and validated as a human being.

For children who have no personal belongings of their own, our unconditional gifts of new pajamas and storybooks give them something very special of their own.

5. Every child has the right to a good night and a good day.

We understand that for children to reach their dreams, they must have a loving bedtime and peaceful good night leading to a positive good day. Completing this 24-hour Good Day Loop is critical to their feeling empowered, resilient and optimistic.

www.pajamaprogram.org